

## Burke Lake 4.7M Loop



Run Starts At: Shelter A Parking lot (see map in the pdf below).

<http://www.fairfaxcounty.gov/parks/burkelake/downloads/burketrailmap.pdf>

Run Host will have water/gatorade at the parking lot(finish), but runners are advised to carry water with you if you need it during your run.

Time to get there from South Riding: 30 minutes

7315 Ox Rd, Fairfax Station, Virginia 22039

Note: You may have to pay the Park entrance fee if there is someone at the booth.

### **How is "Fairfax County Resident" defined?**

There is no entrance fee for Fairfax County residents. The charge for non-county residents on weekends and holidays only (no charge on weekdays), April through late October is as follows:

Car/Motorcycle: \$8.00

When determining who is required to pay the park entrance fee (weekends and holidays only during our operating season), we use the tax sticker on your vehicle. If that is not available, we use the zip code on your home address. The zip code determines tax areas. Senior citizens from counties other than Fairfax receive a non-county resident senior citizen discount at the campground.

### **Directions From South Riding:**

US 50 E/Lee Jackson Memorial Hwy 7.1 mi  
Take the exit toward Fairfax Co Pkwy 0.3 mi  
Slight right at VA-7100 S/Fairfax County Pkwy 7.7 mi  
Take the ramp to VA-123 S/Ox Rd/State Route 641 0.3 mi  
Turn left at VA-123 S/Ox Rd/State Route 641  
Continue to follow VA-123 S/Ox Rd 2.1 mi  
Turn left 138 ft into Park

### **About:**

Burke Lake Fitness Trails are the Best!

Across America, the word is out - Burke Lake Park boasts one of the 10 best fitness trails in the nation. That's the assessment of the American Hiking Society, after its trail specialists hiked high and low to find top 10 candidates in or near a major metropolitan area (close enough to use before or after work or on lunch hours) with portions that can be completed in 60-90 minutes.

Just 25 minutes from Washington, D.C., the Burke Lake Loop Trail follows the shoreline 4.7 miles around the lake, with bays jutting out from the main body of water that provide a welcome sense of solitude. Gravel surfaced for most of its length, Burke Lake's loop trail is "a fine choice for either a brisk walk or a run," plus it's also suitable for biking.

Fairfax County Parkway Route 7100

# Burke Lake Park

7315 Ox Road, Fairfax Station, Virginia 22039



Orienteering Course

Hiking/Walking Biking Lake Trail (4.7 miles)

Vesper Island State Waterfowl Refuge

Trail to South Run 1.3 miles

## LEGEND

- |                            |                     |
|----------------------------|---------------------|
| Parking                    | Camp Store          |
| Picnic Area                | Marina              |
| Reservable Picnic Shelter  | Miniature Train     |
| Sand Volleyball Courts (4) | Ice Cream Parlor    |
| Restrooms                  | Club House          |
| Trail Mileage Marker       | Information Office  |
| Camping                    | Carousel            |
|                            | Orienteering Course |

Burke Lake Road

Ox Road Rt. 123

Entrance

Virginia Fish and Game Entrance (parking for fishing only)

Camp Store  
Camping Area

Amphitheater

Fitness Course begins

Par 3 Golf Course

Club House

Driving Range

Miniature Train

Ice Cream Parlor

Carousel

Mini Golf

Accessible Boat Launch

Disc golf course begins

Information Office

Accessible Fishing Pier

Marina

Sand Volleyball Courts (4)

Dam

Accessible Fishing Ports